Nutrition Facts

Serving Size 1 oz. (28g/about 27 rings)
Servings Per Container about 4

Amount Per Serving

Calories 130 Calories from Fat 40

	% Daily Value*
Total Fat 6g	**9**%
Saturated Fat 1g	**5**%
Trans Fat 0g	
Cholesterol 5mg	**1**%
Sodium 370mg	**15**%
Total Carbohydrate 19g	**6**%
Dietary Fiber less than 1g	**2**%
Sugars 3g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

PRODUCT: HAWAIIAN®
SWEET MAUI ONION RINGS

INGREDIENTS: SNACK RING (CORN MEAL, POTATO FLAKES, WHEAT STARCH, SALT, ARTIFICIAL COLOR [FD&C YELLOW #5]), VEGETABLE OIL (CORN OIL OR SUNFLOWER OIL), SEASONING (DEXTROSE, ONION POWDER, WHEY POWDER, SUGAR, SALT, HYDROLYZED SOY, CORN GLUTEN & WHEAT GLUTEN PROTEINS, MALTODEXTRIN, TORULA YEAST, MALIC ACID, GARLIC POWDER, NATURAL FLAVOR, ROMANO CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], DISODIUM INOSINATE & DISODIUM GUANYLATE AND SPICES).

ALLERGEN ALERT: CONTAINS MILK, WHEAT AND SOY.

01/2012
Data subject to change.
Refer to packaging.

Pinnacle Foods Group LLC
PO Box 3900
Peoria, IL 61612
1-888-257-8042

TIM'S CASCADE SNACKS
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